

BRITSAFE LEVEL 1

AWARD IN CONSTRUCTION HEALTH AND SAFETY ESSENTIALS

101/5203/1



Introduction:

The Britsafe Level 1 Award in Construction Health and Safety Essentials is a purpose-built qualification designed to equip new entrants and site operatives with the core health and safety competencies required to work safely on construction sites. Developed in response to the complex risk environment of the construction industry, this course introduces learners to essential regulatory duties, common site hazards, and industry-specific control measures that underpin safe working practices. From working at height and manual handling to site access, PPE use, and control of hazardous substances, the course emphasizes the practical application of safety protocols aligned with current legal frameworks, including relevant provisions of the Health and Safety at Work Act, CDM Regulations, and COSHH. Intended for labourers, apprentices, and those preparing to begin work in construction environments, the qualification provides a credible platform for demonstrating baseline site readiness, improving hazard recognition, and supporting a culture of safety accountability. Recognized for its operational relevance, this course supports both individual career progression and contractor compliance within high-risk site operations.

Qualification Regulation and Support:

The Britsafe Level 1 Award in Construction Health and Safety Essentials has been developed to reflect core legislative and industry expectations for entry-level construction safety competence. It is awarded by Britsafe™ Qualifications UK Limited, supporting workforce compliance, regulatory alignment, and verified site-readiness across general construction environments.

Key facts:

Qualification Number:	101/5203/1
Minimum Contact Hours:	4
Guided Learning Hours:	4
Credit Value:	1
Credential Status:	Award
Assessment Method:	Multiple-choice examination



Qualification Overview and Objective:

The Britsafe Level 1 Award in Construction Health and Safety Essentials provides essential knowledge and skills for ensuring safety on construction sites. Participants grasp the principles of construction health and safety, recognize hazards, and learn industry-specific safety procedures. The qualification emphasizes the proper use of personal protective equipment and compliance with legal requirements, preparing individuals to contribute to a safer and more secure construction environment.

The objective of the qualification is to:

- Understand the key principles of health and safety in the construction industry.
- Identify common hazards and risks associated with construction activities.
- Learn safety procedures and protocols specific to construction sites.
- Gain knowledge of the proper use of personal protective equipment (PPE) in construction.
- Demonstrate compliance with legal requirements for construction health and safety.

Entry Requirements:

To register for this qualification, learners are required to meet the following entry requirements:

- Must be aged 16 and over
- Participants should have a basic understanding of the English language to effectively engage with course materials and assessments.
- This course is open to individuals of all backgrounds and experience levels who have an interest in workplace health and safety.

Geographical Coverage:

This qualification is suitable for delivery in England, Northern Ireland, Wales and can be offered internationally.

Delivery/Assessment Ratios:

To effectively deliver this qualification, centres are recommended not to exceed the ratio of 1 Qualified Tutor to 12 Learners in any one instance. If centres wish to increase the recommended ratio, they must first inform your dedicated Britsafe™ accounts manager before doing so.

Centre Requirements:

To effectively deliver this qualification, centres should have the following resources in place:

- Classroom with suitable seating and desks; and
- High-quality teaching and learning resources.

Guidance on Delivery:

The total qualification time (TQT) for this qualification is 4-hours and of this 4-hours is recommended as guided learning (GL). TQT is an estimate of the total number of hours it would take an average learner to achieve and demonstrate the necessary level of attainment to be awarded with a qualification, both under direct supervision (forming Guided Learning Hours) and without supervision (all other time). TQT and GLH values are advisory and assigned to a qualification as guidance.



Guidance on Assessment:

This qualification is assessed through a multiple-choice question exam.

- Centre's must take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.
- Centres must follow Britsafe™ Examination and Invigilation Procedures. Completed examination papers are to be returned to Britsafe™ for marking or If in case of online examination; records shall be updated on EMS portal accordingly.

Guidance on Quality Assurance:

Britsafe™ requires centres to have in place a robust mechanism for internal quality assurance. Britsafe™ will support centres by conducting ongoing engagements to ensure and verify the effective and efficient delivery, quality assurance and invigilation of the qualification.

Tutor Requirements:

Britsafe™ recommends nominated tutors for this qualification meet the following requirements:

- A relevant health and safety qualification at Level 3 or higher,
- Membership of a professional body (e.g., IOSH, IIRSM) is desirable.
- Hold a relevant subject area qualification/or be occupationally competent.
- Hold a recognized teaching/training qualification (or suitable equivalent).
- Level 3 Award in Education and Training (AET) or Train The Trainer.





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